



PO Box 183, Verona, NJ 07044-0183

www.essexrunning.com

Membership Application

Which runner are you? Fast, slow, middle-of-the-pack? Brand-new or experienced? Returning? Recreational or competitive? Walker or health-conscious exerciser? Road racer or trail enthusiast? Serial marathoner? Fan, spectator? Young, old, in between? Would-be, curious? Biathlete, triathlete, ultrarunner? Or simply someone looking for fun, friendship, and support with an accent on physical activity?

The Essex Running Club welcomes you! Come run with us and share the road with friends!

What you can look forward to when you join our club ...

- ◆ Camaraderie in running
- ◆ Monthly meetings with guest speakers
- ◆ Club races
- ◆ Group fun runs
- ◆ Weekly training runs
- ◆ Trail runs
- ◆ Club-sponsored social events
- ◆ Interclub competitions
- ◆ Apparel discounts
- ◆ Annual awards banquet
- ◆ Complimentary Essex Running Club T-shirt at first monthly meeting
- ◆ Monthly newsletter with comprehensive race calendar

For more information, write to info@essexrunning.com. To join the Essex Running Club, please complete this form and mail with a check.

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ESSEX RUNNING CLUB		JOIN THE CLUB OR RENEW YOUR MEMBERSHIP!	
Date			
<i>INDIVIDUAL</i>			
Name		DOB	
Street			
City, State, Zip			
Primary Phone		2nd Phone	
Contact E-Mail			
<i>FAMILY</i>			
Spouse Name		DOB	
Primary Phone			
Contact E-Mail			
<i>NEWSLETTER DELIVERY (Check ALL that apply; for e-mail options, you must provide an e-mail address below)</i>			
<input type="checkbox"/> Mail Paper Copy to Above Address	<input type="checkbox"/> E-Mail PDF to This Address:		
<input type="checkbox"/> E-Mail Alerts* to This Address:	<small>*You'll be notified PDF has been posted to ERC Web site</small>		
<i>MEMBERSHIP STATUS</i>		<i>ANNUAL DUES</i>	
<input type="checkbox"/> Join the Club	<input type="checkbox"/> Renew Membership	<input type="checkbox"/> \$25 Individual	<input type="checkbox"/> \$40 Family
Mail form & check (payable to <i>Essex Running Club</i>) to ERC, PO Box 183, Verona, NJ 07044-0183			
<p>Join the Club. Join between Sep 1 and Dec 31, and membership covers all the next year. Renew Your Membership. Renew by Feb 1 to avoid interruption in delivery of <i>Keeping Track</i>. Membership Directory. Your name, address, phone numbers, and e-mail address will be printed in a directory distributed annually to ERC members. This directory is for the personal use of members and is not to be used for commercial or political purposes.</p>			